Educational & Professional Development

Disability Rehabilitation Models

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If we want to look at the wellness system in the world, we must know that Disability rate constitutes 15% of the world's population. This percentage is not small if we shed light on it to become a positive energy, this category has its specificity and advantages if we can employ it and exploit its latent energies and advantages, it will become a working, calm and positive group in all scientific and practical fields.

In the State of Kuwait, the “General Authority for Disability Affairs” works to serve 80,000 disabled people (2024), accounting for 5.2 per cent of the total population. The authority is based on granting those who deserve the name of disability in each of its names - as a certificate - to obtain benefits for each degree of disability. The State of Kuwait pays special and permanent care to this category of health, social, Financial, and vocational care, which the families of the disabled feel easy and satisfactory to meet the needs of their children with special needs.

Through my specialization in the field of rehabilitation in this group and my practical experience with them, this group cannot rely on their life abilities & capabilities. But with the help of advanced science and various studies in the field of rehabilitation of the disabled, efforts can be made to employ these abilities in many fields such as industry, agriculture, various arts, medicine, engineering, and sports activities in its various fields, and all professional aspects that are addressed by the normal people.

The rehabilitation process in multiple disability fields is preceded by a classification of each category according to their abilities. In the State of Kuwait, 7 disability classifications are as follows (mental, physical, motor, developmental, auditory, visual, and educational). The steps of the rehabilitation process itself begin with different stages interviewing & accepting the case, Assessment & evaluation, counselling, planning of specific rehabilitation programs, and then starting the implementation of the specifically tailored rehabilitation program. These steps lead to the process of acquiring and developing skills for the individual and his family to overcome all the expected effects resulting from the disability such as psychological, mental, occupational, and educational effects, to integrate into society.

Vocational training is a comprehensive program that includes coordinated and continuous steps to provide psychological services such as guidance and vocational training to enable the disabled person to obtain work that suits his abilities. This requires several stages, the most important of which are vocational assessment, vocational guidance, vocational training, and vocational employment. Vocational training requires an integrated work team, each in its field of specialization because disability is a multi-dimensional and interrelated issue in which many aspects are intertwined. The team consists of medical, psychological, social, rehabilitation, media as well as the legal aspects related to the disabled’s rights of care and support. Therefore, it is difficult to separate them, which requires the cooperation of the
specialized work team in caring for the disabled, the rehabilitation team is always composed of the medical team, psychologist, vocational rehabilitation team and media specialist.

Egypt has recently taken new steps in the field of rehabilitation of the disabled "differently abled" and has become an active key partner in Egyptian society. Many laws have been enacted, all of which work in favor of this group, which was completely marginalized before that, this is what the whole world aspires to so that every family receives its maximum wish for any disabled member in it.

The latest official statistics issued by the Central Agency for Public Mobilization and Statistics (CAPMAS) indicated that the number of people with disabilities out of the total population in Egypt is 12 million, which amounts to a percentage of 10%. The percentage of individuals with disabilities (from very difficult to absolute) amounted to 4.8% of the total census of the Republic - in December 2023 - with a higher percentage of individuals with disabilities in urban than rural areas to reach 5.1% for urban areas compared to 4.7% for rural areas. The percentage is slightly higher among females than males, reaching 4.9% for females compared to 4.8% for males in 2022.

The classification of disabilities in Egypt has been categorized into 10 classifications (auditory/visual/cerebral palsy/amputation / muscular dystrophy/quadruplegia / intellectual disability in its various degrees / longitudinal hemiplegia, Bottom/autism spectrum disorder/poliomyelitis. And any other names that may arise according to life circumstances.

It is worth noting that the "Qaderoun Bekhtelaf Fund" was established, which is a fund that coordinates with the concerned authorities, civil society organizations and the private sector to contribute to providing different aspects of support and care in all aspects of life for people with disabilities and was established by Law No. 200 of 2020.

The fund works to guarantee the rights of people with disabilities and make them a key partner in the country, as it is keen to hold events and celebrations in their honor and work to ensure health and educational care and provide job opportunities to participate in society decently and humanely. The tasks of the fund include the following:

- Contributing to cover the cost of medical reports necessary for issuing the integrated services card and proof of disability for the most vulnerable groups.

- Providing scholarships to schools, institutes, and universities at home and abroad, and ensuring the continuation of private education for those already enrolled in it.

- Contributing to cover the cost of prosthetic devices and disability-related surgeries for the uninsured.

- Participating in covering the cost of accessibility by improving public facilities by applying the accessibility code in them, and contributing to the development of their care institutions.

- Working to support the financial inclusion of persons with disabilities and participating in their training and employment to provide them with a decent life.

- Conducting research and studies, holding seminars and conferences, and issuing publications related to educational and training initiatives to raise their efficiency to allow their rapid integration into the labor market.
- Cooperate and coordinate with all ministries, institutions and concerned authorities to achieve their interests whenever possible.

- Contribute to financing the construction and operation of hospitals, healthcare units and centers.

- Contribute to the financing of rehabilitation programs for adaptation and integration into society and provide vocational training programs.

- Establishing institutions concerned with care and rehabilitation by the regulations issued by a decision of the Board of Directors without being bound by government regulations or licensing from the Ministry of Social Solidarity.

- Encouraging and supporting the financing of persons with disabilities to establish medium, small, and micro projects with an economic return.

- Implementing programs, seminars, and conferences to spread community awareness of their rights and requirements.

- Cooperating with the concerned authorities to provide job opportunities.

- Participate in expanding the base of practicing sports, cultural and social activities and contributing to the care and support of the outstanding and talented among them.