A Word of Gratitude

A 50-year journey of a Psychiatric Mental Health Nursing Educator
Prof. Zeinab Loutfi

This edition of the Egyptian Journal of Nursing and Heath Sciences is dedicated to present a wonderful nurse educator:

Prof. Zeinab Loutfi to acquaint the young generations with her honorable figure. Prof. Loutfi graduated from “sacré-cœur” college where the students’ attitude is shaped toward community service. On graduation, she was advised by her teachers to choose nursing as a career. She joined the High Institute of Nursing, Cairo University in 1966; she was the 3rd batch. At that time the institute was a WHO project, which provided very competent national and international teachers. Prof. Loutfi joined the nursing school with a concrete sense of right and wrong. During the study years, she was impressed by the special nature of the profession, and the teachers’ role model who taught her a firm sense of practical wisdom and a way of being and where she internalized nursing as a value. When graduated, she became a demonstrator of psychiatric nursing. The following is a presentation of Prof. Loutfi professional career:
Education

<table>
<thead>
<tr>
<th>Date</th>
<th>Institution</th>
<th>Degree(S) / Diploma (S) Obtained</th>
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<tbody>
<tr>
<td>1982</td>
<td>Dundee College Technology, Scotland</td>
<td>Diploma in Education Technology</td>
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<tr>
<td>1980</td>
<td>High Institute of Public Health, Alexandria University</td>
<td>Doctorate Degree in Public Health</td>
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<tr>
<td>1977</td>
<td>High Institute of Public Health, Alexandria University</td>
<td>Master’s degree in public health (Grade-Excellent)</td>
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<tr>
<td>1970</td>
<td>High Institute of Nursing, Cairo University</td>
<td>Bachelor’s Degree in nursing sciences (Grade-Excellent with honor)</td>
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Professional Experience

<table>
<thead>
<tr>
<th>Date</th>
<th>Company</th>
<th>Position</th>
<th>Description</th>
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<tbody>
<tr>
<td>2006</td>
<td>Faculty of Nursing Ain Shams University</td>
<td>Chairman of Psychiatric / Mental Health Department</td>
<td>Educational, administrative, responsibilities &amp; research supervision</td>
</tr>
<tr>
<td>2001</td>
<td>Universities Supreme Council Nursing</td>
<td>Secretary General</td>
<td>Putting strategies for nursing faculties reviewing nursing curricula, assessment &amp; admission tools</td>
</tr>
<tr>
<td>2000</td>
<td>Faculty of Nursing Ain Shams University</td>
<td>Dean Faculty of Nursing</td>
<td>Educational, administrative, responsibilities &amp; research supervision</td>
</tr>
<tr>
<td>1991</td>
<td>High Institute of Nursing Ain Shams University</td>
<td>Director of Institute &amp; head of the psychiatric nursing department</td>
<td>Educational, administrative, responsibilities &amp; research supervision</td>
</tr>
<tr>
<td>1985</td>
<td>High Institute of Nursing, Cairo University</td>
<td>Assistant professor &amp; head of department</td>
<td>Educational, administrative, responsibilities &amp; research supervision</td>
</tr>
</tbody>
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**Membership of Professional Bodies**

- Ain Shams University Council
- Nursing Syndicate (Ex-vice president)
- Egyptian Alumni for faculties of nursing graduates
- Fulbright Alumni
- Alzheimer Society
- Mental Health association
- "Ahbab Alla" association for children with special needs (Ex-president)
- Egyptian Society for quality in Health Care
- Center for continuous education and training, Faculty of Nursing, Ain Shams University (President)
- Permanent Committee for promotion of professors and assistant professors.
- Secretary general of the nursing sector in the supreme university council.
- Chairman of the permanent committee - Consultant of the supreme university council
- Scientific expertise of the permanent committee of the supreme university council
- Peer reviewer in the National Committee for Quality Assurance and Accreditation
- Union of the Arab Faculties of Nursing

**Work Experience**

- Educational and administrative experience
- Supervising and discussing master and doctorate nursing thesis
- Evaluating and discussing post-doctoral research through the permanent committee of promotion of professors
- Publication of research in the field of psychiatric-mental health nursing, child and
- Adolescent psychiatry, geriatric nursing, and education
- President of seven international nursing conferences at the Faculty of Nursing, Ain Shams University

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• Consultant in mental health training programs for nurses at Abbassia and Khanka mental hospitals (Health Care International)
• Trainer in the educational programs provided by Ain Shams University for the preparation of the university teacher
• Coordinator of two African Nurse training programs at the faculty of nursing, Ain Shams University on "Prevention and Control of Infectious Diseases"
• Task force member for designing the curriculum for family practice (Ministry of health)
• Developed a diploma in Psychiatric Mental Health Nursing for the Technical Institute of Nursing (WHO Consultant).

Key Qualification
• Activities in the field of quality assurance and accreditation
• Project manager for the HEEP project.
• Project manager for the establishment of internal quality assurance system.
• Peer reviewer (National Committee for Quality Assurance Accreditation).
• External reviewer for the faculty of nursing in:
  1) Alexandria University
  2) Cairo University
  3) El-Mansoura University
  4) Banha University
  5) El-Menoufeya University
  6) Faculty of medical science 6th October University
• Chairman to accreditation team in the visit to
  1) Faculty of Tourism and Hotels.
  2) Suez Canal University.
• Shared as a staff member for the accreditation of the Faculty of Nursing-Ain Shams University.
• Attended the training program of the supreme council of universities for the preparation of peer reviewer.
• Attended 3 workshops at the National Committee for Quality Assurance

Accreditation on.
  1) Training faculties self-evaluation from 7-11 February 2010.
  2) External evaluation of the institutions of higher education from 4-8 February
2010.
3) Intended learning on curriculum matrix from 21-25 February 2010.
• Shared in developing a unit for psychological guidance for student's health education health education.
• Shared in volunteered work:
  1) Family members and caregivers of Alzheimer patients.
  2) President of research project for the Psychiatric/Mental Health Nursing Department
  3) Ain Shams University.
  4) Work on research project between the Psychiatric/Mental Health Nursing Department and the Pediatric Nursing Department in the psychological problems of the Egyptian adolescent.
• Shared in establishing the following diplomas in Psychiatric/Mental Health Nursing Department.
  1) Psychiatric/Mental Health Nursing diploma.
  2) Psychological counseling diploma.
  3) Substance abuse diploma.

Awards
• Award of Ain Shams University appreciation prize for medical sciences 2016.
• Ain Shams University award in the science festival in 2007
• Shield from the Kuwaiti Nursing Society 2004
• Certificate of appreciation and Shield from the Nursing syndicate 1989

Regional Activities
2008 Presented a scientific paper: "Stigma of Mental Illness" El-Sharka University, Emirate.

Presented a scientific paper: "Nursing in the Era of Technology" El-Sind university, Pakistan. 2007

scientific committee of the 1st international nursing congress, ST. Joseph 2006
On analyzing the journey of prof. Loutfi, we can see her input not only on generations of nurses, but also on training the different faculty members in the university, as well as the diversity of her activities in quality assurance, in the nursing syndicate, the supreme university council, and the permanent committee of the promotion of assistant Nursing professors and assistant professors and. In addition to the valuable research in Mental Health and education.

On recognition of her sincere and fruitful donation she awarded the Ain Shams appreciation price for medical sciences.

Prof. Loutfi kept propagating her educational principles:

- Communication skills in the essence of nursing
- The affective domain is not to be neglected.
  - It is not important what we teach, but how we teach. Be cautious from the following:
- The nature of the work leaves little time to think about human values.
- That the Nursing delivery is moving toward being a scientific technology away from being a human act.
- There is a stress on quantitative delivery of health care. What sets the stage for eventual diminution in importance of the sense of ethics.
- The proud is related to students’ technical ability rather than ethics and professionalism.

Hoping:

- To develop a positive attitude toward the profession.
- To develop a high self-esteem, professionalism, and ethical candidates.
- To experience autonomy, justice, fidelity, and benefice to the good.

**Hoping that the professor Zeinab Loutfi will be a role model to the generations of Nurses/**